

# *Passion*

## **What Does Passion Mean?**

We've made passion into an object, something that if we can get our hands on we can be happy.

It means starting with what you have, and beginning to listen to your heart, one step at a time, one day at a time.

# Following Your Passion - Bad Advice?

Plenty of people say that following your passion doesn't work.

But when we break passion down and see that it's really about doing what you're interested in, we begin to see the truth.

**Enjoy what you do.**

*“The only way to do great work is to love what you do.” (Steve Job)*

For example, with a passion for the environment, someone could start a green service or a recycling business.



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## Seek your passion!

Do you have many passions and interests?

Do you have trouble figuring out how to turn your interests into a thriving business?

Most people do.

You don't have to fit every single interest into one business. You can start with a few things, **and take action.**

Leave a few passions as side hobbies.

Nowhere does it say that you have to do fit all of your passions into one business.

## Your Passion – Your business!

The only thing you have to do is start with what you have.

You know a path isn't for you because you can't take action on it.

So if you can't figure out how to fit all of your passion into one business, stop trying. Do what you can with what you have.



## How to Find Your Passion – 5 Steps

### 1. Listen

The most important part in finding and following the passion is to listen to yourself.

### 2. Start Small

When you are in a good state of mind, ask yourself: What’s the next tiny step I can take in the direction I feel pulled or I feel very passionate?

### 3. Start Now

When you start anything new, start it before you feel ready.

4. You will never know everything. You may always feel like there’s more I need to learn.

### 5. Keep Adjusting

Living a passionate life is about realizing that life is not fixed. Passion is not an object you can find and put in your pocket.

Life is constantly changing, and so are you.